

## 2003 Youth Risk Behavior Survey Montana Reports

<b>Risk Behavior (percent of students who...)</b>	<b>High School</b>	<b>Grades 7-8</b>	<b>Indian – R</b>	<b>Indian - U</b>	<b>Alternative Schools</b>	<b>Students with Disabilities</b>
Are an above-average student	68.6	64.4	48.3	56.4	44.2	52.4
Always wore a seat belt when riding in a car driven by someone else	33.0	35.9	9.2	26.4	16.8	23.4
Always wore a seat belt when driving	33.3	15.7	10.6	23.8	21.6	22.6
Rode a bicycle at least once in the past year	68.4	86.6	52.8	67.3	60.0	64.5
Always wore a helmet when riding a bicycle	4.3	6.0	0.9	1.8	1.4	1.8
Rode in a car driven by someone who had been drinking alcohol (past 30 days)	36.9	24.8	43.6	34.1	53.8	41.9
Drove a vehicle while they had been drinking alcohol (past 30 days)	20.4	6.8	21.3	18.7	31.2	23.8
Carried a weapon in the past 30 days	19.4	22.1	17.3	27.5	26.1	25.7
Carried a gun in the past 30 days	8.7	10.8	8.7	12.1	7.6	14.4
Carried a weapon on school property in the past 30 days	7.2	6.2	8.7	11.1	11.2	12.3
Did not go to school because they felt unsafe in the past 30 days	3.4	6.6	7.3	5.1	8.4	7.1
Were threatened or injured with a weapon on school property in the past 12 months	7.1	9.6	6.8	11.3	10.8	11.5
Had their property either stolen or damaged on school property in the past 12 months	28.9	34.4	26.2	28.4	31.4	30.8
Were in a physical fight in the past 12 months	28.6	40.4	40.8	41.2	51.8	38.8
Were in a physical fight in which they needed to be treated by a doctor or nurse in the past 12 months	3.4	4.4	6.6	5.9	8.8	7.0
Were in a physical fight on school property in the past 12 months	10.3	21.6	15.2	17.4	18.9	16.4
Have had their boyfriend or girlfriend hit, slap, or physically hurt them on purpose in the past 12 months	11.7	8.0	15.2	13.8	21.6	15.3
Were forced to have sexual intercourse (lifetime)	9.8	6.5	8.8	15.2	23.0	14.4
Felt so hopeless for 2 weeks or more that they stopped doing usual activities (in the past 12 months)	26.4	24.5	30.0	35.6	46.7	35.9
Seriously considered attempting suicide in the past 12 months	18.9	16.6	17.5	25.6	31.8	24.4
Made a plan about attempting suicide in the past 12 months	14.8	13.6	14.0	17.7	25.4	20.4
Actually attempted suicide at least once in the past 12 months	9.7	12.8	15.3	18.5	20.0	18.1
Attempted suicide that required medical attention in the past 12 months	3.0	3.0	4.3	4.7	7.0	6.1
Have tried cigarette smoking, even one or two puffs	61.0	40.4	84.5	71.4	92.0	70.6
Were 12 years old or younger when they smoked a whole cigarette for the first time	20.7	21.3	42.2	34.6	55.1	33.2

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Smoked 2 or more cigarettes per day, on the days they smoked, in the past 30 days	14.4	5.9	30.8	21.5	58.9	23.8
Are “current” smokers (smoked on one or more of the previous 30 days)	22.9	13.2	52.1	32.4	70.1	36.7
Have ever been a “regular” smoker (at least 1 cigarette every day for 30 days)	17.3	10.2	33.0	28.2	67.8	30.4
Are “frequent” smokers (smoked on 20 or more of the previous 30 days)	10.8	3.8	21.8	16.9	53.0	17.3
Bought cigarettes in a convenience store, supermarket, or gas station	5.7	0.7	10.7	4.9	22.7	7.7
Smoked cigarettes on school property at least once in the past 30 days	7.7	4.5	18.6	11.8	29.9	14.4
Have tried to quit smoking during the past 12 months	17.3	11.4	37.4	27.0	52.2	25.9
Used smokeless tobacco in the past 30 days	13.2	6.5	20.8	17.5	14.9	19.3
Used smokeless tobacco on school property in the past 30 days	7.7	3.4	16.0	10.5	7.1	12.6
Smoked cigars, cigarillos, or little cigars in the past 30 days	14.1	6.2	10.9	15.9	22.9	16.7
Had at least one drink of alcohol (lifetime)	81.1	61.2	77.7	83.1	93.4	81.8
Were 12 years old or younger when they had first drink of alcohol	30.5	40.2	31.5	40.9	51.4	40.3
Are “current” alcohol users (drank alcohol on one or more of the previous 30 days)	49.5	27.2	48.8	51.4	72.5	51.7
Binge drank (5 or more drinks within a couple of hours) during the past 30 days	37.3	15.2	42.7	39.2	66.8	40.9
Drank alcohol on school property in the past 30 days	6.7	3.9	10.9	6.5	8.9	10.2
Ever used marijuana (lifetime)	43.9	19.4	74.2	48.3	88.1	49.5
Were 12 years old or younger when they first tried marijuana	10.9	14.2	35.4	20.4	44.0	19.7
Are “current” marijuana users (used marijuana on one or more of the previous 30 days)	23.1	11.3	44.6	26.2	64.4	29.8
Used marijuana at least once on school property in the past 30 days	6.4	3.5	15.9	7.0	17.0	9.9
Ever used any form of cocaine (lifetime)	8.7	5.1	15.1	15.0	42.7	14.6
Are “current” cocaine users (used any form of cocaine on one or more of the previous 30 days)	3.8	3.2	6.1	7.0	17.4	6.7
Have used heroin (lifetime)	3.2	2.9	2.4	4.7	8.9	5.8
Have used methamphetamines (lifetime)	9.3	4.6	15.8	15.2	45.9	14.5
Used inhalants (glue, aerosol sprays, spray paints, etc.) in the past 30 days	4.2	9.2	6.3	8.0	7.0	8.9
Used inhalants (lifetime)	13.8	16.9	21.3	22.9	27.7	20.3
Used ecstasy (lifetime)	6.1	3.8	8.0	9.0	26.3	9.9
Used steroids without a doctor’s prescription (lifetime)	4.7	4.4	6.1	5.7	10.6	9.2

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Have injected (shot up) any illegal drug (lifetime)	2.6	2.7	2.8	5.7	8.4	5.3
Had been offered, sold, or given an illegal drug on school property in the past 12 months	26.9	16.4	32.4	25.2	46.6	30.1
Had ever been taught about AIDS/HIV infection in school	88.1	79.1	84.7	83.6	87.9	86.2
Have had sexual intercourse	43.6	20.2	66.2	52.0	84.1	52.5
Were 12 years old or younger at first sexual intercourse	5.9	10.9	14.5	11.1	19.7	11.3
Had sexual intercourse with 2 or more people (lifetime)	28.7	10.8	47.5	36.6	73.6	36.5
Are “currently” sexually active (had sexual intercourse in the past 3 months)	29.9	9.4	43.5	34.0	66.1	33.7
Were sexually active and drank alcohol or used drugs before the last time they had sexual intercourse	34.9	32.8	35.9	28.4	43.5	37.9
Were sexually active and used a condom at last sexual intercourse	63.2	66.3	63.0	64.8	49.1	64.3
Were sexually active and used no pregnancy prevention at last sexual intercourse	12.8	20.6	15.8	16.9	19.3	16.5
Had never been pregnant or gotten someone pregnant	94.7	96.4	88.5	88.3	77.2	88.8
Think of themselves as “about the right weight”	54.3	54.6	49.7	49.3	50.3	52.4
Are trying to lose weight	41.6	42.5	50.2	49.9	43.0	45.4
Ate less food, fewer calories, or foods low in fat to lose weight or keep from gaining weight	39.5	36.4	39.1	41.8	36.2	41.7
Exercised during the past 30 days to lose weight or keep from gaining weight	60.2	62.1	66.5	63.4	45.1	60.3
Fasted to lose weight or not gain weight in the past 30 days	11.6	12.1	15.3	18.2	22.5	17.1
Used diet pills, powders, etc., without a doctor’s advice to lose weight in the past 30 days	6.7	4.8	10.7	11.9	16.7	12.0
Induced vomiting to lose weight in the past 30 days	6.0	5.1	5.6	9.3	9.7	8.4
Drank fruit juice in the past week	81.7	80.3	84.4	79.9	81.4	78.7
Ate fruit in the past week	87.8	89.4	87.4	88.0	88.0	83.5
Ate a green salad in the past week	72.3	70.1	66.3	68.9	59.5	70.3
Ate potatoes in the past week	77.1	72.5	69.5	76.1	70.4	75.7
Ate carrots in the past week	58.5	58.9	49.3	55.6	46.7	54.2
Ate other vegetables in the past week	85.2	84.6	76.1	84.1	78.8	82.4
Drank milk in the past week	89.4	91.8	84.5	86.8	87.5	87.4
Participated in vigorous physical activity (activities that caused sweating and hard breathing for $\geq 20$ minutes on $\geq 3$ of the past 7 days)	62.1	71.8	58.8	62.6	44.9	59.5
Participated in moderate physical activity (activities that did not cause sweating or hard breathing for $\geq 30$ minutes on $\geq 5$ of the past 7 days)	24.0	22.3	20.6	21.3	19.1	23.4

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Did exercises to strengthen or tone muscles on 3 or more of the past 7 days	55.0	58.3	52.4	53.7	33.7	51.6
Participated in physical education class on 3 or more of the last 5 school days	50.2	68.1	50.6	54.3	27.4	51.0
Spend more than 20 minutes actually exercising or playing sports in physical education class	47.7	75.8	50.5	56.7	32.6	51.7
Did not play on any school or community-run sports teams in the past 12 months	60.5	25.0	39.2	35.4	73.5	41.1
Watch two or more hours of TV on an average school day	50.5	55.7	60.8	52.6	48.6	54.9
Received help from a resource teacher, speech therapist or other special education teacher	15.1	21.2	25.2	21.3	24.3	100.0

## **The 2003 YRBS Reports**

High School data is “weighted,” and reflects the random sampling of 2,781 students which produced scientifically accurate data with an error rate of plus-or-minus 3 percent. These results can be used to make inferences about the health-risk behaviors of all high school students in grades 9 through 12 in all schools in Montana.

The data in the other reports reflects a census survey – not a random sampling. These reports were produced from the following student participation rates: Grades 7-8 - 9,428 students, American Indian Students on Reservations – 1,047 students, American Indian Students in Urban Schools – 392 students, Alternative Schools – 373 students, and Students with Disabilities – 1,720 students.